



WELCOME TO BERGAMO

i@lab is proud to welcome all of you to Bergamo! We wish you all a pleasant stay as well as a lot of enjoyment in our city.

ICELAB SKATING RINK is located in via San Bernardino 141, 24121 Bergamo (BG): +39 035 0276047
The modern arena was completed in 2016, housing 2 skating rinks, one full size Olympic rink 30m x 60m and a smaller practice rink, high Tech gym facilities, dance room, bar and area relax for athletes.



IMPORTANT TELEPHONE NUMBERS:

Prefix number to Italy: 0039

Prefix number to the city: 035

Police: 112

State Police: 113

Children's emergency: 114

Fire brigade: 115

Ambulance: 116

Red Cross First Aid : 11

THE CITY

Bergamo is a city located in the north part of Italy, in Lombardy, about 40 kilometers northeast of Milan. The city offers a wealth of art and medieval Renaissance and baroque architecture. It is divided into two parts: upper and lower town. The upper town (Città Alta) is famous for its Venetian style, narrow, paved streets and splendid landscapes that one can admire when walking along the Venetian walls that surround Bergamo Alta. And then the lower town (Città Bassa) is a modern part of Bergamo where the general lifestyle is quicker and more frenetic, unlike the peaceful and joyful life in Città Alta. There are about 120.000 citizens, not only Italians, but also people from all over the world who have made themselves at home here and do not feel like foreigners any more. They study, work and live in Bergamo and its province, increasing our culture and influencing the development of our city.

PUBLIC TRANSPORTATION

AIRPORT : The best way to get to Bergamo is to fly directly to the local airport ORIO AL SERIO www.orioaeroporto.it, which is about 5 km from the city center. It has regular flights to/from the UK and other European destinations, as a result of which Bergamo is increasingly one of the most popular entry points into northern Italy. The Bergamo bus is operated by ATB bus network which provides a regular service that links passengers arriving at the airport to the town of Bergamo itself. The bus is bus number 1 and it runs from outside Bergamo airport to Bergamo train station situated in Piazza Marconi. The journey from the airport to the town of Bergamo is approximately 10-15 minutes depending on traffic and once you have validated your bus ticket, you generally have 90 minutes before it expires. If your ticket is still valid, you can stay on the bus right up to the upper town. It then proceeds to the lower town, then onto the Funicular station and then up to the upper town 'Città Alta'. If you fly into **Milan Linate** there are several companies providing bus service to Bergamo Airport from Milano Central FS, and if you fly into **Malpensa Airport** Buses depart every 20 minutes from Malpensa to Milan Central Rail Station. There is no significant difference between the buses, so it doesn't matter which bus company you use and which bus you take, just buy a ticket for the next departure. The journey time between Milano Centrale and Bergamo Airport is 1 hour.

TRAIN:

One or two trains run every hour between Milan (not all stop at Stazione Centrale) and Bergamo (50 to 65 minutes). Timetables: <http://www.trenitalia.it/> It is also important that before getting onto the train you are obligate (stamp at machine) the ticket. If you do not do it, the ticket is not valid and you may have to pay a penalty

GETTING AROUND BERGAMO BUS:

City Tickets: It is now possible to buy tickets on the buses. There also are automatic machines allowing you to purchase tickets, situated in the train station, at some of the bus stops and close to the funicular. You can also buy them at news-stands or ticket offices, close to all main services.

COMING FROM AIRPORT BY BUS:

For those who wants to come by public transportation from the airport, it is possible to take the bus number 1 right at the arrival exit till "Porta Nuova – Chiesa Grazie Viale Papa Giovanni XXIII", then get the bus number 6 till the rink while going out at the bus stop "Via San Bernardino 147".

TAXI: In front of the airport there is also a taxi service available. **RADIO TAXI:** 035/45190

THINGS TO DO



The two parts of Bergamo, upper and lower part, are connected by a cable railway. So, you can take this fun ride on the funicular which lets you glide across the defensive walls, gardens and several other notable monuments. One can even get a glimpse of Po plain and the Apennines during a clear day on this ride.



Bergamo is the city where heavenly gelato flavor “Stracciatella” was invented in 1962 by Enrico Panattoni. He came across this flavor in his gelateria “La Marianna” which is open for the visitors even today! No doubt Bergamo serves some of the best gelatos in the whole world.

PLACES TO VISIT

The Venetian walls



Bergamo wouldn't be the same without its impressive Venetian Walls. This spectacular circuit is over six km long: it's the perfect place to take a romantic walk and enjoy wonderful sunsets, and it has been enclosing the beauties of the Upper Town for more than four centuries.

The Walls' priceless artistic and cultural value is also confirmed by their candidacy to become a Unesco World Heritage, a path taken in 2007 that has finally got to its final stage.

Piazza Vecchia



Piazza Vecchia represents the core of Città Alta: it has been the heart of political power for centuries and it keeps being one of the most popular places for Bergamo's citizens to spend some time with friends.

Beauty is all around you if you have a seat at one of the square's restaurants or cafes, having a drink, breakfast or even a romantic dinner. You can admire the building called "Palazzo della Ragione", the oldest municipal seat in Lombardy, as well as the Torre Civica, a bell tower also called "Campanone". In the middle of the square is located the Contarini Fountain, which was donated to the city by the chief magistrate Alvise Contarini in 1780, while on the opposite side of Piazza Vecchia you can see the Palazzo Nuovo ("New Palace"), which served as Bergamo's Town Hall until 1873 and is today the seat of the Angelo Mai Library.

The geometrical layout of the buildings around the square is so harmonic that when Le Corbusier visited Bergamo he said "you can't move a single stone, it would be a crime"

Accademia Carrara



This gallery hosts one of the richest collections in Italy with around 2,000 paintings from the 15th to the 18th century. The Accademia Carrara will remain closed for renovation work until the 2015, but a selection of the works are on display in the Palazzo della Ragione building in Upper town.

Bergamo City Center



Leave time for a walk in the modern centre – the large area around piazza Vittorio Veneto – which was planned during the early 20th century, by the architect Marcello Piacentini, and is a very interesting example of town planning.

WHERE TO EAT



We propose you several places where you can eat at night if you wish to taste Italian food.

NEAR THE RINK:

“LE TENTAZIONI DEL BRACIERE” is a restaurant located right in the street of the Ice rink. It offers you all kind of Italian food and is famous for their meat.

Address: 143, Via San Bernardino 24126 Bergamo

Phone number: +39 035 32 03 34

“VOCI DEL MARE” is located 300 from the Ice Rink and offers pizza and pasta as well as fish dishes.

Address: 106, Via San Bernardino 24216 Bergamo

Phone number: +39 035 31 48 49

PLACES TO TRY:

“DA MIMMO” is the one most famous restaurant in Bergamo located in the “high city”. Proud of being the first restaurant to propose pizza in the city, the restaurant has more than 60 years of activity.

Address: 17, Via Bartolomeo Colleoni 24129 Bergamo

Phone number: +39 035 21 85 35

“VINERIA COZZI” is the perfect place to enjoy local food as well as a good glass of wine in a typical place for a enjoying moment.

Address: Via Bartolomeo Colleoni 24129 Bergamo

Phone number: +39 035 23 88 36

“LA MARIANNA” is a restaurant but this place is mainly on our list as for a good reason.

There you can eat ice cream and you have to know that the worldwide famous “stracciatella” ice cream flavor as been invented right here.

Address: 4, Largo Colle Aperto 24129 Bergamo

Phone number: +39 035 23 70 27

WHERE TO GO SHOPPING

Orio Center is the biggest shopping mall in Europe. Located right in front of the Bergamo – Orio al Serio Airport, the mall counts 280 shops and includes also a huge cinema. It is possible to reach Orio Center by bus N°1, the one that goes to the airport and which is easily recognizable by the aircraft logo. The schedules are available on the website: www.atb.bergamo.it.

If you want to stay closer to the center, the main street for shopping in the town is the “via XX Settembre” which is located between “Piazza Pontida” and “Porta Nuova” and is a walking area perfect to do shopping in total relax.

LOCAL INFORMATION

What if we don't inform you about the specialties of Bergamo.

First of all, Bergamo is the city of Italy with Highest number of cheese D.O.P (which means Protected Denomination of Origin). If you want to bring so home, don't hesitate to ask in all shops to vacuum them because they all do this while request.

The typical food is the “polenta” which is a cooked cornmeal similar to hot porridge that can be eaten as a side dish or used in a variety of recipes, from bread to desserts. It has a gold color and you will find it on all menus from Bergamo's traditional restaurants.

The main local dessert is called actually “Polenta e Osei”, a sponge cake with chocolate, butter, hazelnut creams and rum. Other dessert to try is “Donizetti” a tasty cake based on sugar, eggs, pineapple, candied apricots with maraschino and vanilla which owes its name to the famous musician and composer born in Bergamo.

To end, our words will go to the most famous local wines. Valcalepio” is the most famous wine from Bergamo, produced in the Valcalepio Region with Cabernet Sauvignon and Merlot grapes. “Moscato di Scanzo” is the most exclusive wine D.O.C.G. (Controlled and Guaranteed Denomination of Origin) in Italy: its grape variety is harvested within a 31 hectares-wide territory! Rare and precious, you really must try it!